

# Certification Examination in PRIMARY CARE IN PODIATRIC MEDICINE & FOOT & ANKLE SURGERY

{ Handbook for Candidates }

## **SPRING TESTING WINDOW**

April 1 - 15, 2023

Application Deadline: March 1, 2023

## **SUMMER TESTING WINDOW**

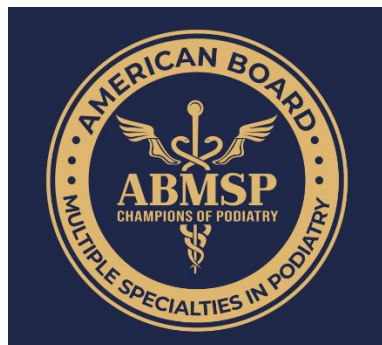
August 5 - 19, 2023

Application Deadline: July 5, 2023

## **WINTER TESTING WINDOW**

October 14 - 28, 2023

Application Deadline: September 13, 2023



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## **AMERICAN BOARD OF MULTIPLE SPECIALTIES IN PODIATRY**

The American Board of Multiple Specialties in Podiatry (the Board) was incorporated in 1986 to promote certification among podiatrists. In 2008, its certification programs were accredited by the American National Standards Institute (ANSI) for meeting the international standards for accreditation programs as set forth in ANSI/ISO/IEC/17024:2003. In 2012, the ABMSP was also accredited by URAC (Utilization Review Accreditation Commission).

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### **MISSION STATEMENT**

We exist to protect and improve the podiatric health and welfare of the public.

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### **PURPOSE STATEMENT**

The specific and primary purpose of the American Board of Multiple Specialties in Podiatry is: (i) to develop and implement national and international standards for and to administer examinations for certification in (a) primary care in podiatric medicine and (b) foot and ankle surgery; and (c) prevention and treatment of diabetic foot wounds and diabetic footwear; (ii) to grant recognition to individuals who meet the standards; (iii) to monitor the adherence to the standards by podiatrists certified by the corporation; and (iv) to maintain a registry of podiatrists certified by the corporation.

#### **American Board of Multiple Specialties in Podiatry Certification Examinations**

- ◆ Primary Care in Podiatric Medicine
- ◆ Foot and Ankle Surgery
- ◆ Prevention and Treatment of Diabetic Foot Wounds and Diabetic Footwear

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### **STATEMENT OF IMPARTIALITY**

The ABMSP understands the importance of maintaining impartiality in all of its decision making and certification activities. The ABMSP Board of Directors is responsible for ensuring that the organization carries out its activities in an impartial manner, managing real or perceived conflicts of interest, and insuring objectivity in its decision making process.

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### **NON-DISCRIMINATION**

The American Board of Multiple Specialties in Podiatry does not discriminate against any individual on the basis of race, color, religion, gender, national origin, age, disability or any other characteristic protected by law.

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## THE ROLE OF CERTIFICATION

Certification is a voluntary process in which individuals are recognized for advanced knowledge, competence, and skill. Certification requires assessment, testing, and evaluation of education and/or experience. Certification by the American Board of Multiple Specialties in Podiatry is sought voluntarily by podiatrists in order to attain a credential which attests to their training and experience as providers of services to persons who suffer from diseases and deformities of the foot.

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## OBJECTIVES OF CERTIFICATION

To establish competency in podiatric medicine, foot and ankle surgery, and diabetic foot wounds and footwear by:

1. Providing a standard of requisite knowledge for certification in podiatric medicine, foot and ankle surgery, and diabetic foot wounds and footwear.
2. Recognizing formally those individuals who meet the eligibility requirements of the American Board of Multiple Specialties in Podiatry and pass examinations in specialties within the field of podiatry.
3. Encouraging continued professional growth in podiatric medicine, foot and ankle surgery, and diabetic foot wounds and footwear.
4. Establishing and measuring the level of knowledge required for certification in specialties within the field of podiatry.

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## ELIGIBILITY REQUIREMENTS

### *Primary Care in Podiatric Medicine:*

1. The Board shall require candidates for certification meet **ONE** of the following:
  - (a) Successfully completed a minimum of two years residency training in a program approved by the CPME or another recognized accrediting body accepted by the CPME. (Submit residency certificate **and** a letter on letterhead confirming your residency from the residency program.)
  - (b) Successfully completed a one-year residency program approved by the CPME or another recognized accrediting body accepted by the CPME **PLUS** at least 10 years of practice as a podiatrist. (Submit residency certificate and a letter on letterhead confirming your residency from the residency program.)
  - (c) No residency program and a minimum of **at least** 20 years of practice as a podiatrist.
2. Hold a current DPM/MD/DO or equivalent license. (Submit a copy of current DPM/MD/DO or equivalent license with application.)
3. Hold a DPM/MD/DO or equivalent degree conferred by an institution in the United States (or territorial possession). (Submit a copy of degree/diploma with application.)

4. Submit a copy of the front of a current driver's license or other government photo ID.
5. Conduct a search of the National Practitioners Database and submit a copy of your record.
6. Two letters of professional recommendation, on letterhead, from fellow podiatrists (DPMs/DOs/MDs or equivalent).
7. A letter, on hospital letterhead, or certificate confirming the completion of a residency.
8. Completion of consent form.
9. Post graduate resume, showing podiatric work history from the time of graduation to the present.
10. Completion and filing of the application for the Primary Care in Podiatric Medicine Certification Examination.
11. Payment of required fee(s).
12. Submission and the Board acceptance of at least eight (8) documented primary care cases, which meet the Board's established case submission requirements. Submission of cases must be made within one year of examination date and performed within a two-year time frame.

**NOTE:** Be sure to review the Case Submission Guidelines on the website, [www.abmsp.org](http://www.abmsp.org), prior to applying to take the exam.

A minimum of 8 cases is required to complete the board certification process in Primary Care in Podiatric Medicine. Candidates must submit 8 cases from the following list but no more than one case per category:

1. Viral pathology
2. Bacterial pathology
3. Fungal pathology
4. Congenital
5. Acquired deformity
6. Iatrogenic pathology
7. Vascular pathology
8. Arthritis
9. Neurological pathology
10. Neoplasms
11. Trauma
12. Fractures
13. Plantar fasciitis/heel spur
14. Diabetic foot ulcer

Upon approval of the 8 cases the credential of Board Certified in Primary Care in Podiatric Medicine will be conferred.

### ***Foot and Ankle Surgery:***

1. The Board shall require candidates for certification meet **ONE** of the following:
  - (a) Successfully completed a minimum of two years residency training in a program approved by the CPME or another recognized accrediting body accepted by the CPME. (Submit proof of residency with application.)
  - (b) Successfully completed a one-year residency program approved by the CPME or another recognized accrediting body accepted by the CPME **PLUS** at least 10 years of practice as a podiatrist. (Submit proof of residency with application.)
  - (c) No residency program and a minimum of **at least 20** years of practice as a podiatrist.
2. Hold a current DPM/MD/DO or equivalent license. (Submit a copy of current DPM/MD/DO or equivalent license with application.)
3. Hold a DPM/MD/DO or equivalent degree conferred by an institution in the United States (or territorial possession). (Submit a copy of degree/diploma with application.)
4. Submit a copy of the front of a current driver's license or other government photo ID.
5. Conduct a search of the National Practitioners Database and submit a copy of your record.
6. Two letters of professional recommendations, on letterhead, fellow podiatrists (DPMs, MDs, Dos or equivalent).
7. A letter, on hospital letterhead, or certificate confirming the completion of a residency of at least two years.
8. Completion of consent form.
9. Post graduate resume, showing podiatric work history from the time of graduation to the present.
10. Completion and filing of the application for the Foot and Ankle Surgery Certification Examination.
11. Payment of required fee(s).
12. Submission and the Board acceptance of at least fifty (50) documented surgical cases which meet the Board's established case submission requirements. Submission of case documentation must be made within two years of examination date and performed within a four-year time frame.

***IMPORTANT NOTE:*** Certification in Foot and Ankle Surgery will be conferred only upon successful completion of certification in Primary Care from the ABMSP or from another nationally recognized certification organization.

***NOTE:*** Be sure to review the Case Submission Guidelines on the website, [www.abmsp.org](http://www.abmsp.org), prior to applying to take the exam. 50 cases are required to become Board certified in Foot and Ankle Surgery.

Case versatility is mandatory. No more than 5 similar procedures may be submitted. All cases must have been performed within a 4-year time frame but no later than 2 years following examination for certification. Cases must be submitted and accepted within 2 years of notification of passage of the certification examination.

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## APPEALS ON ELIGIBILITY

Candidates who have been deemed ineligible to sit for an examination may appeal in writing to the American Board of Multiple Specialties in Podiatry. The letter must be accompanied by supporting documents. The appeal must be received within 10 days after the notice of ineligibility is sent to the candidate. The American Board of Multiple Specialties in Podiatry will review the appeal and notify the candidate in writing of its decision within 10 days of receipt of the written appeal.

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## ADMINISTRATION

The Certification Program is sponsored by the American Board of Multiple Specialties in Podiatry (the Board). The examination is psychometrically developed and independently administered for the Board by the Professional Testing Corporation (PTC), 1350 Broadway, Suite 800, New York, New York 10018, (212) 356-0660, [www.ptcny.com](http://www.ptcny.com). Questions concerning the examination should be referred to PTC.

Questions concerning eligibility for the examination should be directed to the Board at (888) 852-1442. Questions concerning admission to the examination and test sites should be directed to PTC at (212) 356-0660.

The American Board of Multiple Specialties in Podiatry name, logo, certificates, cards, and abbreviations are the exclusive property of the Board. Use of these and all Board materials in any manner not permitted by the Board's Code of Professional Practice, and any use by non-Board certificants, is not authorized and is prohibited by law.

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## COMPLETION OF APPLICATION

Complete or fill in as appropriate ALL information requested on the application. Mark only one response unless otherwise indicated.

***NOTE: The first and last name you enter on your application must match exactly the first and last name listed on your government issued photo ID such as driver's license or passport.***

**CANDIDATE INFORMATION:** Print your name, address, e-mail address, daytime phone number, fax number, and date of birth in the appropriate row of empty boxes. Also, indicate your choice of testing period.

**ELIGIBILITY AND BACKGROUND INFORMATION:** All questions must be answered. Mark only one response unless otherwise indicated.

**OPTIONAL INFORMATION:** These questions are optional. The information requested is to assist in complying with equal opportunity guidelines and will be used only in statistical summaries. Such information will in no way affect your test results.

**EDUCATIONAL BACKGROUND INFORMATION:** Complete the Podiatric Education History, Resident Information, and Professional Work History sections in full.

**CANDIDATE SIGNATURE:** When you have completed all required information, read the statements under Candidate Signature and sign and date the application in the space provided.

***Mail the application with the consent form and all appropriate documentation and fee(s) (see FEES page 9 in time to be received by the deadline to:***

**ABMSP Examination  
Professional Testing Corporation  
1350 Broadway, Suite 800  
New York, NY 10018**

**APPLICATION CHECKLIST:** Candidates **MUST** include the following:

- \_\_\_\_\_ Completed and signed application
- \_\_\_\_\_ Certificate of completion of two-year residency\*
- \_\_\_\_\_ Letter of completion of residency on hospital letterhead\*
- \_\_\_\_\_ Copy of resume or curriculum vitae
- \_\_\_\_\_ Copy of current DPM/MD/DO license
- \_\_\_\_\_ Copy of DPM/MS/DO degree
- \_\_\_\_\_ Copy of current driver's license or government photo ID
- \_\_\_\_\_ Copy of National Practitioners Database record
- \_\_\_\_\_ Two letters of recommendation on letterhead
- \_\_\_\_\_ Completed consent form
- \_\_\_\_\_ Examination fee(s)

**NOTE:** Applications will be returned if not submitted with the required documentation.

**\* Both of these items are required with your application**

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## EXAMINATION ADMINISTRATION AND SCHEDULING

The Certification Examinations in Primary Care in Podiatric Medicine and Foot & Ankle Surgery are administered during an established two-week testing window on a daily basis, excluding holidays, at computer-based testing facilities managed by Prometric.

### Scheduling Authorization

PTC will send approved candidates an email called the Scheduling Authorization. These emails are sent out about 11 weeks before the first day of the testing window. The emails come from [notices@ptcny.com](mailto:notices@ptcny.com). Candidates cannot make an appointment until they receive a scheduling authorization. If you don't receive your email 3 weeks before the start of your testing window contact PTC.

### Scheduling Examination Appointments

The Scheduling Authorization will indicate how to schedule your examination appointment with Prometric as well as the dates during which testing is available. Appointment times are first-come, first-served, so schedule your appointment as soon as you receive your Scheduling Authorization in order to maximize your chance of testing at your preferred location and on your preferred date. **Candidates who wait until the last minute run the risk of missing out on their preferred date, time, and testing center. Candidates unable to schedule an appointment will forfeit their fees.**



After you make your test appointment, Prometric will send you a confirmation email with the date, time, and location of your exam. Please check this confirmation carefully for the correct date, time, and location. Contact Prometric at (800) 741-0934 if you do not receive this email confirmation or if there is a mistake with your appointment.

**Note: International candidates may also schedule, reschedule, or cancel an appointment online at [www.prometric.com/ABMSP](http://www.prometric.com/ABMSP).**

#### **IMPORTANT!**

You **MUST** present your current driver's license, passport, or U.S. military ID at the test center. Expired, temporary, or paper driver's licenses will **NOT** be accepted.

The first and last name on your Scheduling Authorization **MUST** exactly match the first and last name on your photo ID.

**Fees will not be refunded for exams missed because of invalid ID.**



## Rescheduling Examination Appointments within a Testing Period

Candidates are able to reschedule their examination appointments within the same testing period as long as the request is submitted within the timeframe described below. Reschedule within the permitted time frame by calling or going to the Prometric website: [www.prometric.com/ABMSP](http://www.prometric.com/ABMSP).

Time Frame	Reschedule Permitted?	Stipulations
Requests submitted 30 days or more before the original appointment	Yes	None
Requests submitted 29 to 5 days before the original appointment	Yes	Candidate must pay Prometric a rescheduling fee of \$50.
Requests submitted less than 5 days before the original appointment	No	Candidates who do not arrive to test for their appointment will be considered a no-show and all their examinations fees will be forfeited. Candidates will need to reapply and pay fees for a future testing period.

## Transferring to a New Testing Period

**There will be no refunds of fees.**

Candidates unable to take the examination as scheduled may request a one-time transfer to the next testing period. The transfer request must be made within 30 days after the originally scheduled testing date and submitted with the transfer fee of \$250.00.

The transfer fee is based on cost and is not punitive in nature. The transfer fee must be paid at the time the request for rescheduling is submitted. The candidate is responsible for contacting PSI and canceling the original examination appointment, if one had been made.

Both the transfer request and the transfer fee must be received within 30 days after the original examination date for the transfer to be granted. Written requests should be sent to:

ABMSP EXAMINATION  
Professional Testing Corporation  
1350 Broadway – Suite 800  
New York, New York 10018

**Exams may only be rescheduled once; please plan carefully.**

## Failing to Report for an Examination



If you fail to report for an examination, you will forfeit all fees paid to take the examination. A completed application form and examination fee are required to reapply for the examination.

## EXAMINATION FEES

Fee Type	Amount	Details
Primary Care in Podiatric Medicine <i>ONLY</i>	US \$600.00	<ul style="list-style-type: none"> <li>• Non-refundable<sup>1</sup></li> <li>• Non-transferable</li> <li>• Includes testing center fees</li> <li>• Includes non-refundable \$75 administrative fee</li> </ul>
Foot and Ankle Surgery <i>ONLY</i> (Available only to podiatrists already certified in Primary Care through ABMSP)	US \$500.00	
Both Examinations during the same testing period	US \$1,000.00	
Transfer Fee (Moving to a new testing window; see page 8)	US \$250.00	<ul style="list-style-type: none"> <li>• <b>Applies to candidates who need to move to a new testing period</b></li> <li>• Must submit new application &amp; fee to PTC</li> </ul>
Rescheduling Fee (29-5 days prior to scheduled appointment; see page 8)	US \$50.00	<ul style="list-style-type: none"> <li>• <b>Applies to candidates who need to move their appointment within their current testing period</b></li> <li>• Payable directly to Prometric</li> <li>• Reschedule with Prometric online or over the phone</li> </ul>

Make check or money order payable to: **PROFESSIONAL TESTING CORPORATION**

Visa, MasterCard, and American Express are also accepted. Complete and sign the credit card payment form on the application. Do Not Send Cash



- **There will be no refund of fees unless applicants are ineligible for the examination.**
- **Ineligible candidates will be refunded their fees minus an administrative fee.**
- **No refunds will be issued for applying for the incorrect examination or testing period, for failing to make an examination appointment, or for failing to appear at your scheduled appointment.**

**Please be advised: Prometric does not have the authority to grant transfers to another testing period or refunds.**

<sup>1</sup> Applicants who are ineligible to take the examination or whose applications are incomplete by the application deadline will have their examination fees returned minus an administrative fee.

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## VETERANS REIMBURSEMENT OF FEE

The Board's certification examinations have been recognized by the VA as approved for reimbursement. If you are a veteran eligible for benefits under the Montgomery G.I. Bill, you may be eligible for reimbursement for your testing fees for the certification examinations offered by the American Board of Multiple Specialties in Podiatry in Primary Care in Podiatric Medicine and Foot and Ankle Surgery. To apply for benefits, send a copy of your test results to the VA office that handles your educational benefits, along with a letter including the following information:

1. Your request for reimbursement.
2. Your name and Social Security number or VA claim number.
3. The name of the test and the date when you took the examination.
4. The name and address of the organization issuing the certificate (The American Board of Multiple Specialties in Podiatry, 555 8<sup>th</sup> Avenue, Suite 1902, New York, New York 10018.)
5. The cost of the examination, not including registration fees or other fees. (The cost of the examination in Primary Care in Podiatric Medicine is \$600.00; the cost of the examination in Foot and Ankle Surgery is \$500.00; and the cost of both examinations taken within the same testing period is \$1,000.00.)
6. The statement: "I authorize release of my test information to the VA."

If you have never previously filed a claim for VA educational benefits under the Montgomery G.I. Bill, you must also submit an application for benefits.

For additional information, please contact the Department of Veterans Affairs ("VA") at 1-888-GIBILL-1 (1-888-442-4551) or consult the VA website at [www.gibill.va.gov](http://www.gibill.va.gov).

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## TEST ACCOMMODATIONS

ABMSP and PTC support the intent of and comply with the Americans with Disabilities Act (ADA). PTC will take steps reasonably necessary to make certification accessible to persons with disabilities covered under the ADA. According to the ADA, an individual with a disability is a person who has a physical or mental impairment that substantially limits a major life activity (such as seeing, hearing, learning, reading, concentrating, walking) or a major bodily function (such as neurological, endocrine, or digestive system). The information you provide and any documentation regarding your disability and test accommodations will be held in strict confidence.

All approved testing accommodations must maintain the psychometric nature and security of the examination. Accommodations that fundamentally alter the nature or security of the exam will not be granted.

Testing arrangements may be made upon receipt of the application, examination fee, and a completed and signed Request for Test Accommodations Form, available from [www.ptcny.com](http://www.ptcny.com) or by calling PTC at (212) 356-0660.

This form must be uploaded with the online application no later than 8 weeks prior to the start of your chosen testing period. Candidates who do not submit their Test Accommodations Form with their application may not be able to test during their chosen testing period and therefore be subject to rescheduling or transfer fees.

**Only those requests made and received on the official Request for Test Accommodations Form will be reviewed.** Letters from doctors and other healthcare professionals must be accompanied by the official form and will not be accepted without the form. All requests must be made at the time of application. Accommodations cannot be added to an existing exam appointment.

**Please note: do not go to [www.prometric.com](http://www.prometric.com) or contact Prometric to request test accommodations as Prometric is not authorized to approve accommodations. All requests for test accommodations must be submitted on the PTC Request Form.**

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## PREPARING FOR THE EXAMINATION

- Check your government issued photo ID (driver's license, passport or U.S. Military ID) when you make your examination appointment. Is it expired? Does the name on your ID match the name on your Scheduling Authorization email? Proctors at the Prometric testing center will refuse admission to candidates with expired IDs, IDs with names that do not match their records, and temporary paper IDs. Candidates will be marked as no-shows and will forfeit their exam fees.
- Check your PTC Scheduling Authorization email and Appointment Confirmation email from Prometric to make sure everything is accurate (i.e. your name, exam name, appointment date, time and location).
- Make yourself familiar with the location of your chosen testing site and any requirements they may have for parking and check the weather and traffic conditions before you leave for the testing center. Make sure you give yourself plenty of time to arrive as late arrival may prevent you from testing.
- In the event of inclement weather, check the Prometric website for site closures: <https://www.prometric.com/closures>.
- Prometric's website provides information on what you can expect on your test day, including a walkthrough of check in and security procedures: <https://www.prometric.com/test-center-security>.
- This Handbook provides the Content Outline for the Examination (see appendix). Use these to help you start studying for the examination.
- Review What to Expect at the Test Center and Rules for the Examination on the next pages before your appointment.

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## WHAT TO EXPECT AT THE TESTING CENTER

PTC has partnered with Prometric Testing Centers to deliver examinations to candidates. Here is what you can expect when you arrive at your Prometric Testing Center.

- Candidate Check-In
  - Candidates will be asked to present their IDs
  - Candidates will be asked to empty and turn out their pockets
  - Candidates will be “wanded” or asked to walk through a metal detector
  - Inspection of eyeglasses, jewelry, and other accessories will be conducted. Jewelry other than wedding and engagement rings is prohibited.
  - Religious headwear may be worn into the testing room; however, it may be subject to inspection by a testing center administrator before entry into the testing room is permitted.
  - Prometric provides lockers for candidates to store their purses, mobile phones, jackets, food, drinks and medical supplies.
- During the Exam
  - No breaks are scheduled during the exam. Candidates who must leave the testing room to take a break will not be given extra time on the exam
  - Candidates are only permitted to leave the testing room to use the restroom or access food, drink, or medicine from their assigned locker
  - Candidates who take an unscheduled break are subject to additional security screenings before being permitted to reenter the testing room
  - Accessing mobile phones, study materials, or anything other than food, drink, or medicine during the examination is prohibited
  - Smoking is prohibited at the testing center
  - All examinations are monitored and may be recorded in both audio and video format

Please keep in mind: other exams will be administered at the same time as your examination. Therefore, examinees may hear ambient noises such as typing, coughing, or people entering and exiting the testing room that cannot be avoided. Prometric is unable to provide a completely noise-free environment. However, headphones may be requested to minimize impact.

- Please see [Prometric's website](#) for more information about what to expect on testing day.

**ACCESSING CELL PHONES AND ELECTRONIC DEVICES AT ANY TIME WHILE YOU ARE TAKING THE EXAM IS PROHIBITED. YOU CAN ONLY REMOVE SNACKS, DRINKS, MEDICINE OR PERSONAL HEALTHCARE ITEMS FROM YOUR LOCKER- NO BACKPACKS, BAGS, POCKETBOOKS OR CLOTHING CAN BE REMOVED WHILE YOUR EXAM IS IN SESSION.**

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## RULES FOR EXAMINATION

Please read the information below carefully. You are responsible for adhering to the examination rules while at the testing center.

- ⇒ You must present your current driver's license, passport, or US Military ID at the testing center. Candidates without valid ID will NOT be permitted to test. Temporary or paper copies of your ID will not be accepted.
- ⇒ Cell phones, watches, and all other electronic devices are strictly prohibited at the testing center. Please leave these items in your car or in your assigned locker at the testing center. You may NOT access your cell phone, electronic devices, or study materials from your locker at any time.
- ⇒ No papers, books, or reference materials may be accessed during a break at a locker, taken into or removed from the testing room.
- ⇒ You may ONLY access snacks, drinks, medicines or personal healthcare items from your locker.
- ⇒ No questions concerning content of the examination may be asked during the examination session. The candidate should read carefully the directions that are provided on screen at the beginning of the examination session.
- ⇒ Candidates are prohibited from leaving the testing room while their examination is in session, except for going to the restroom, or accessing their locker for food, drink, or medicine only.
- ⇒ Bulky clothing, such as sweatshirts (hoodies), jackets, coats, and hats (except hats worn for religious reasons), and most types of jewelry may not be worn while taking the examination. Proctors will ask you to remove such items and place them in your locker. Please see [Prometric's statement on Test Center Security](#) for more information.
- ⇒ All watches, including fitness/smart watches and similar devices, cannot be worn during the examination.
- ⇒ No food/beverages are permitted inside the testing room. Leave these items in your assigned locker.



Contact PTC at (212) 356-0660 or [www.ptcny.com/contact](http://www.ptcny.com/contact) with any questions about the Examination Rules.

**Irregular or improper behavior that is observed, made apparent by statistical analysis, or uncovered by other means before, during or after the examination will be considered a violation of these rules and may constitute grounds for invalidation of a candidate's examination. ABMSP will initiate an investigation and request suitable analyses and appropriate documentation.**

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## REPORT OF RESULTS

Within four weeks after the testing period ends, candidates will be notified via email by Professional Testing Corporation of their examination results. The total score and scores on major areas of the examination will be indicated whether the candidate passes or fails. No scores will be reported over the telephone, fax or by e-mail. Candidates will not be permitted to review the questions they missed.

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## EXAMINATION CHALLENGES & FEEDBACK

It is the policy of the American Board of Multiple Specialties in Podiatry to provide every candidate with an opportunity to question the reliability, validity, and/or fairness of a test and its questions. Candidates may comment about any test question or questions, test procedure, and/or the test itself by completing the comment form, which is found at the end of every examination. Alternatively, a candidate may submit a complaint in writing to the Board administrative offices no later than fourteen (14) calendar days after taking the examination. Complaints and challenges must be communicated in writing and within this timeframe; the Board will NOT consider late challenges or complaints, or complaints not submitted in writing.

All challenges and complaints shall receive the Board's full attention. The Board shall investigate each challenge or complaint and acknowledge it in writing to the complaining candidate.

Any candidate who feels that the examination effort was negatively impacted by the test center conditions should notify the proctor immediately. The situation should also be reported to PTC at [www.ptcny.com/contact](http://www.ptcny.com/contact) within 15 days of the test appointment. Any comments about the test itself should also be reported to PTC at [www.ptcny.com/contact](http://www.ptcny.com/contact) within 15 days of the test appointment.

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## PASSING SCORE

The examinations are Pass or Fail examinations only. The method used to set the passing score for the examinations is in accordance with standard criterion-referenced passing score standards. The passing score is set by the Board of Directors of the American Board of Multiple Specialties in Podiatry using generally accepted psychometric principles and methods to determine what constitutes a competent podiatric professional. Each candidate is measured against a standard of knowledge, not against the performance of other individuals taking the examination.

The examination consists of 250 multiple-choice questions, with 4 responses, only one of which is correct. The passing score for the Primary Care in Podiatric Medicine Certification Examination is 168 and the passing score for the Foot and Ankle Surgery Certification Examination is 163.

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## REQUESTING A HANDSCORE

Candidates who fail the examination may request a hand scoring of their data file. Hand scoring is a manual check of the data file by the testing service to determine if there have been any errors in scoring. Although the probability of such an error is extremely remote, this service is available. Requests for hand scoring must be received by PTC no later than 90 days after the date of the examination by completing and returning the Request of Handscore form on [www.ptcny.com](http://www.ptcny.com) with payment of \$25. Candidates who

fail the examination will not be permitted to see the examination questions. For reasons of test security, no candidate is allowed to review the examination or any of its items.

To ensure correct reporting of results, PTC automatically performs handscores of examinations of candidates who score within 3 points of passing as a quality control measure. Thus, it is extremely doubtful that any examination results will change from “fail” to “pass” through handscoreing.

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## **ATTAINMENT OF CERTIFICATION AND RECERTIFICATION**

Candidates who pass the Certification Examination and case submissions in Primary Care in Podiatric Medicine and/or Foot and Ankle Surgery and who adhere to the Board’s Code of Professional Practice are eligible to indicate Board Certification in Primary Care in Podiatric Medicine and/or Foot and Ankle Surgery and will receive certificates from the American Board of Multiple Specialties in Podiatry. A registry of those certified in Primary Care in Podiatric Medicine and/or Foot and Ankle surgery will be maintained by the Board and may be reported in its publications.

Certification is valid for a period of four (4) years at which time the candidate must submit a completed application for recertification, other material as might be required, and be in compliance with all Board requirements

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## **REVOCAION OF CERTIFICATION AND OTHER DISCIPLINE**

Individuals who fail to meet the requirements set forth in the Board’s Code of Professional Practice may have their Certification revoked.

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## **REEXAMINATION**

The Certification Examination in Primary Care in Podiatric Medicine and the Certification Examination in Foot and Ankle Surgery may be taken as often as desired upon re-registration and payment of the examination fee(s).

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## **CONFIDENTIALITY**

1. The Board will release the individual test scores ONLY to the individual candidate.
2. Any questions concerning test results should be referred to the Board or the Professional Testing Corporation.
3. The American Board of Multiple Specialties in Podiatry will publish a list of candidates who pass the examinations each year and will maintain a current listing of diplomates. The Board certification status, but not scores, will be released upon request. Requests should be submitted to the Board’s administrative office.



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## CONTENT OF EXAMINATION

1. The Certification Examination in Primary Care in Podiatric Medicine and the Certification Examination in Foot and Ankle Surgery are computer-based examinations composed of 250 multiple choice, objective questions with a total testing time of three and one-half (3-1/2) hours each.
2. The content for the examinations is described in the Content Outlines starting on page 17.
3. The questions for the examinations are obtained from individuals with expertise in primary care in podiatric medicine and foot and ankle surgery and are reviewed for construction, accuracy, and appropriateness by the American Board of Multiple Specialties in Podiatry.
4. The American Board of Multiple Specialties in Podiatry, with the advice and assistance of the Professional Testing Corporation, prepares the examinations.

The Certification Examination in Primary Care in Podiatric Medicine will be weighted in approximately the following manner:

I.	Patient Evaluation and Examination	34%
II.	Diagnostics/Pathology	12%
III.	Treatment	54%

The Certification Examination in Foot and Ankle Surgery will be weighted in approximately the following manner:

I.	Patient Evaluation and Clinical Examination	40%
II.	Surgical Treatment	55%
III.	Medical Jurisprudence and Ethics	5%

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## CONTENT OUTLINE FOR PRIMARY CARE

### I. PATIENT EVALUATION AND EXAMINATION (34%; 85 items)

- A. Identify chief complaint
- B. Obtain history of present illness, including NLDLOCAT
- C. Review intake information, including PFSH/ROS, medications, allergies, vaccinations, vital signs (such as BP, pulse, glucose, height and weight, if relevant)
- D. Observe and assess general appearance of patient
- E. Observe and assess psychological status of patient, including altered mental status
- F. Observe shoe gear and wear patterns
- G. Assess musculoskeletal structure, including strength, symmetry, and joint motion; reflexes
- H. Assess biomechanical system (e.g. ROM, foot type, joint axis, gait pattern, stability)
- I. Assess lymphatic and vascular systems/status
- J. Assess dermatological conditions/status (including toenails)
- K. Assess neurological system

*Tasks in Domain I draw upon the following knowledge areas:*

- Anatomy and Physiology: K01, K02, K03, K04, K05
- Etiology: K06, K07, K08, K09, K10, K11, K12, K13
- Diagnostic Considerations: K14, K15, K16, K17, K18, K19
- Patient Interview/History: K20, K21, K22, K23, K24, K25, K26
- Physical Examination: K27, K28, K29, K30, K31, K32
- Treatment: K50
- Safe Practice: K54, K55

### II. DIAGNOSTICS/PATHOLOGY (12%; 30 items)

- A. Order and/or Interpret radiological studies (such as MRI, CT, X-Ray, ultrasound), including for
  01. Ligament injury, bone infection, tumors, avascular necrosis
  02. Rule out tarsal coalitions, calcaneus fractures with 3-D reconstruction, tarsal coalitions, evaluate for gas from infectious process
  03. Fracture, infection/OM, bone tumor, foreign body, calcifications, enthesiopathy
  04. Evaluate possible previous surgery
  05. Other
- B. Perform and interpret lab and pathology studies, including for
  01. Diagnosing infection, PCR, and sensitivities and choose correct antibiotics (CBC, ESR, procalcitonin, CRP wide-range)
  02. Rheumatologic disorders ANA, Rh factor
  03. Thyroid TSH free T3, bone density
  04. Neuropathy EMG/NCV, liver enzymes, B12 levels rule out radiculopathy, tarsal tunnel
  05. Wound healing (including biopsy chronic ulcers for malignancy, cultures/PCR if infected, vascular studies to assess healing potential, albumin levels, documentation of wound measurements and wound pictures)
  06. Dermatology (skin and nail lesions /biopsy)
  07. Biopsy, cultures, bloodwork
  08. Other

- C. Perform studies for diabetic patients, including
  - 01. HbA1c
  - 02. Diabetic Semmes- Weinstein
  - 03. Vibratory test (including two-point discrimination and sharp/dull)
  - 04. Nerve conduction study
  - 05. Vascular assessment and possible referral
  - 06. Other
- D. Conduct and interpret arterial studies, including
  - 01. ABI segmental digital wave forms, ABIs patients who smoke
  - 02. MRA
  - 03. CTA
  - 04. Arteriogram
  - 05. Arterial ultrasound
  - 06. Photoplethysmography (PPG)
  - 07. Other
- E. Conduct venous studies, including
  - 01. DVT ultrasound
  - 02. Venous insufficiency-reflux venous ultrasound
  - 03. Other
- F. Order, perform, and interpret other studies as appropriate

*Tasks in Domain II draw upon the following knowledge areas:*

- Anatomy and Physiology: K01, K02, K03, K04, K05
- Etiology: K06, K07, K08, K09, K10, K11, K12, K13
- Diagnostic Considerations: K14, K15, K16, K17, K18, K19
- Patient Interview/History: K25
- Physical Examination: K27, K28, K29, K30, K31, K32
- Treatment: K33, K34, K35, K36, K37, K38, K39, K40, K41, K42, K43, K44, K45, K46, K51
- Safe Practice: K57

### **III. TREATMENT (54%; 135 items)**

- A. Conservative Management/Treatment Plan
  - 01. Assess balance and fall risks
  - 02. Provide pain management and referral when appropriate
  - 03. Provide fracture management and referral when appropriate
  - 04. Provide infection management and referral when appropriate
  - 05. Provide diabetic/neuropathy management and referral when appropriate (including Continuous Glucose Monitoring devices)
  - 06. Prescribe appropriate medications
  - 07. Provide nerve/joint/tendon injections as appropriate
  - 08. Prescribe compression/support hose for edema management
  - 09. Provide patient counseling and education on appropriate foot care, footwear for various activities, exercise, dietary changes and smoking cessation for healthy lifestyle.
  - 10. Provide medically necessary at-risk podiatric care (nails, calluses, corns, etc.)
  - 11. Refer appropriate physical therapy evaluation
  - 12. Provide in-office emergency management when necessary
  - 13. Provide necessary wound management and/or debridement
  - 14. Provide ligamentous injury management/referral when appropriate

15. Provide proper use of wound care dressings/products
  16. Prescribe hyperbaric oxygen (HBO) when medically indicated
- B. Orthopedic/DME
01. Order and/or apply orthotics/DME, as appropriate, including
    - a. Unna boot
    - b. Strapping/padding
    - c. Cast for immobilization
    - d. Orthotic devices/braces and casting for custom molded orthotics
    - e. Walker boot/Cast shoe or surgical shoe
    - f. Diabetic/therapeutic shoe and inserts
    - g. CROW boot
    - h. Other
- C. Surgical Treatment
01. Obtain informed consent, discuss risks and benefits
  02. Assess circulation status and, if necessary, consult vascular
  03. Determine appropriate antibiotics
  04. Perform anesthesia/blocks
  05. Perform H&P and Pre-Op evaluation
  06. Provide post-op care
  07. Provide appropriate referral
  08. Prescribe appropriate physical therapy post-operative course

*Tasks in Domain III draw upon the following knowledge areas:*

- Anatomy and Physiology: K01, K02, K03, K04, K05
- Etiology: K06, K07, K08, K09, K10, K12, K13
- Diagnostic Considerations: K14, K15, K16, K17, K18, K19
- Patient Interview/History: K20, K22, K25
- Physical Examination: K27, K28, K29, K30, K31, K32
- Treatment: K33, K34, K35, K36, K37, K38, K39, K40, K41, K42, K43, K44, K45, K46, K47, K48, K49, K50, K51, K52
- Safe Practice: K53, K54, K55, K56, K57

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## KNOWLEDGE AREAS FOR PRIMARY CARE

### **Anatomy and Physiology**

- K01. Vascular system
- K02. Nervous system
- K03. Integumentary system
- K04. Musculoskeletal system
- K05. Lymphatic system

### **Etiology**

- K06. Trauma
- K07. Infection
- K08. Metabolic
- K09. Vascular
- K10. Cancer/tumors
- K11. Genetics
- K12. Biomechanical
- K13. Other precipitating factors

### **Diagnostic Considerations**

- K14. Point to area of complaint
- K15. Quality of the discomfort
- K16. Radiation of symptoms
- K17. Sensation
- K18. Timing (when does it occur)
- K19. Limitations associated with symptoms

### **Patient Interview/History**

- K20. Medical history (including medications)
- K21. Surgical history
- K22. History of present complaint
- K23. Family and social history
- K24. System review
- K25. Nutrition (albumin, pre-albumin, Vitamin D, etc.)
- K26. NLDLOCAT

### **Physical Examination**

- K27. Vascular
- K28. Neurological
- K29. Musculoskeletal/Biomechanical
- K30. Dermatological
- K31. Laboratory/Pathology
- K32. Imaging (including 3-D reconstruction)
- K33. Management
- K34. Diagnostic ultrasound
- K35. Ultrasound guided injections
- K36. Radiographic imaging

- K37. Factors affecting healing
- K38. Topical therapy
- K39. Physical therapy
- K40. Nutritional
- K41. Surgical/anesthesia (including types, techniques, dosage)
- K42. Growth factors
- K43. Hyperbaric oxygen
- K44. Pharmacology and medication
- K45. Biomechanical
- K46. Orthopedic (including offloading, strapping, shoe gear, etc.)
- K47. Rehabilitation
- K48. Palliative care (including nail debridement, etc.)
- K49. Outcome evaluation
- K50. Patient advice and counseling
- K51. Other integrated medicine modalities
- K52. Referrals to other specialties

**Safe Practice**

- K53. Personal protective equipment (PPE)
- K54. Infection control (including Covid-19 practices and immunizations)
- K55. Blood-borne pathogens
- K56. Universal precautions
- K57. Narcotics

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## SAMPLE EXAMINATION QUESTIONS

1. Which of the following is most likely to develop from an untreated Charcot's ankle joint?
  1. Unstable ankle
  2. Spastic paralysis
  3. Rheumatoid arthritis
  4. Talar dome fracture

---
2. Which of the following is most definitive in diagnosing a pulmonary emboli?
  1. Chest X ray
  2. Arterial blood gases
  3. Pulmonary angiogram
  4. Ventilation perfusion scan

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3. A 25-year-old male presents with a burn on the dorsum of his left foot from boiling water. Erythema, edema, and three intact blisters are noted at the base of second and third metatarsals. Which of the following is NOT an appropriate management for this patient?
  1. Debride intact blisters
  2. Apply topical antibiotic
  3. Evaluate vascular status
  4. Administer prophylaxis

### **ANSWER TO SAMPLE QUESTIONS**

1.4; 2.3; 3.1

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## REFERENCES FOR PRIMARY CARE

The following references may be of some help in preparing for the examination. The list does not attempt to include all acceptable references, neither is it suggested that the Primary Care in Podiatric Medicine Certification Examination is necessarily based on these references. These books may be purchased from your local medical book store or at [www.amazon.com](http://www.amazon.com).

Mandracchia, VJ, et al. *Wound Healing, Clinics in Podiatric Medicine and Surgery*, Volume 18, Number 1, January 2001, pp 1-34.

Gerbert J. *Textbook of Bunion Surgery*, 3rd edition. Saunders.

Levin & O'Neal. *Diabetic Foot: Lower Extremity Arterial Disease and Limb Salvage*, 2nd edition. Lippincott, Williams and Wilkins, 2005.

Seibel M. *Foot Function: A Programmed Text*. Williams and Wilkins, 1998.

Moffatt DJ, ed. *Anatomy of the Lower Limb: A Programmed Text for Podiatrists*. Distributed by Chicago Medical Equipment Company 312-564-1000.

Humble RN, et al. *Running Injuries of the Lower Extremity in Clinics in Podiatric Medicine and Surgery*. April 2001 available through Elsevier.

### **Computer Software:**

IBM Compatible - Board Certification Simulation Software in the areas of surgery, orthopedics, and primary care. (May be purchased from: Foot and Ankle Research Consortium, Inc. [FARC], 5901 Wilbanks Dr., Norcross, GA 30092 (770) 448-0769, [www.podiatryprep.com](http://www.podiatryprep.com)).



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## CONTENT OUTLINE FOR FOOT AND ANKLE SURGERY

- I. PATIENT EVALUATION AND CLINICAL EXAMINATION (40%; 100 items)**
  - A. Pre-op**
    - 01. Identify chief complaint
    - 02. Obtain history of present illness
    - 03. Review patient history, including
      - a. Past medical (including blood disorders/conditions), family, social history (PFSH)/ Review of systems (ROS)
      - b. Medications
      - c. Allergies
    - 04. Observe and assess general appearance of patient
    - 05. Assess patient's living situation (including assessing for balance and fall risks)
    - 06. Observe and assess psychological status of patient and support system
    - 07. Observe and assess gait pattern and stability
    - 08. Assess musculoskeletal structure/biomechanical system for
      - a. strength
      - b. symmetry
      - c. joint motion
      - d. range of motion (ROM)
      - e. foot type
      - f. joint axis
    - 09. Assess lymphatic system for potential contraindication to surgery (even if there are no clinical signs)
    - 10. Assess vascular conditions/status
    - 11. Assess dermatological conditions or dermatological history
    - 12. Assess neurological system
    - 13. Assess patient suitability for surgery
    - 14. Conduct pre-surgical planning and medical clearance (checklist)
    - 15. Establish post-operative recovery/expectations
    - 16. Provide education on cessation of smoking (pre-op and post-op) and its effect on healing
  - B. Peri-Op and Diagnostic Studies**
    - 01. Order and interpret nuclear studies, including
      - a. Triphasic bone scan
      - b. Bone density test (DEXA scan)
      - c. Other
    - 02. Order and interpret neurological studies, including
      - a. Nerve biopsy
      - b. EMG/NCV
      - c. Other
    - 03. Interpret radiological results, including
      - a. MRI
      - b. CT
      - c. X-ray (fracture, infection/OM, bone tumor, foreign body, calcifications, enthesiopathy)
      - d. Bone scans

- e. Chest X-ray
  - f. EKG (pre-op >40)
  - g. Ultrasound (R/O DVT)
  - h. Other
04. Order and interpret lab and pathology studies, including for
- a. Diagnostic infection
  - b. Pre-op tests
  - c. Diabetic neuropathy
  - d. Rheumatologic disorders
  - e. Neuropathy
  - f. Wound healing
  - g. Basic blood work (normal and abnormal values)
05. Conduct and interpret vascular studies, including
- a. ABIs, segmental digital wave forms
  - b. MRA
  - c. CTA
  - d. Arteriogram
  - e. D dimer
  - f. DVT ultrasound
  - g. Other
06. Conduct and interpret venous studies, including
- a. Venous Doppler
  - b. Other
07. Conduct and interpret biopsy testing as required for skin, nerve, or bone pathology

*Tasks in Domain I draw upon the following knowledge areas:*

- Anatomy and Physiology: K01, K02, K03, K04, K05
- Etiology: K06, K07, K08, K09, K10, K11, K12, K13, K14, K15
- Diagnostic Considerations: K16, K17, K18, K19, K20
- Examination: K21, K22, K23, K24, K25, K26
- Treatment: K27, K28, K29, K30, K31, K32, K33, K34, K35, K36, K37, K38, K39, K42, K43, K44, K45, K46
- Pathology: K47, K48, K49, K50, K51, K52, K53
- Peri- and Intra-Operative Management: K61, K62, K63, K64

## **II. Surgical Treatment (55%; 137 items)**

### **A. Peri-op**

- 01. Assess and make appropriate surgical treatment selection for soft tissue conditions (i.e., debridement deformity correction and closure such as grafting, flap, etc.)
- 02. Assess and make appropriate surgical decisions for amputation
- 03. Assess and make appropriate surgical decisions for bony deformity correction
- 04. Perform anesthesia/blocks and intraoperative care for reactions and emergencies
- 05. Perform BLS, ACLS techniques
- 06. Provide other peri-surgical care (including sterile technique)
- 07. Provide nerve/joint/tendon injections as appropriate
- 08. Order and provide regenerative injections as appropriate
- 09. Order and apply or provide post-surgery care, as appropriate
  - a. Cast for immobilization (nonweightbearing or partial weightbearing)

- b. X-ray after surgery (C-arm, etc.)
  - c. Other
- B. Post-op
  - 01. Order and apply or provide post-surgery care, as appropriate
  - 02. Refer for and/or provide pain management
  - 03. Provide infection management (including antibiotics after surgery)
  - 04. Provide diabetic/neuropathy management
  - 05. Prescribe topical medications
  - 06. Provide post-op wound care
  - 07. Provide equipment and training to aid patient in ambulation after surgery, including
    - a. Mobilization training/gait training, crutch training
    - b. Walker boot/cast shoe or surgical shoe
    - c. Other
  - 08. Provide nerve/joint/tendon injections as appropriate
  - 09. Order and provide regenerative injections as appropriate
  - 10. Treat venous edema pathology/compression dressing
  - 11. Prescribe compression/support hose for edema management if needed
  - 12. Provide X-ray after surgery (with X-ray report)
  - 13. Provide appropriate physical therapy rehabilitation/plan of care following surgery
  - 14. Make appropriate referrals to other specialists for treatment and/or back to the PCP for primary health management as part of coordination of care
  - 15. Provide patient counseling and education as part of discharge instructions on healthy lifestyle, including
    - a. Foot care
    - b. Exercise
    - c. Dietary changes
    - d. Smoking cessation
    - e. Other
  - 16. Provide other post-op care (including emergency care)

*Tasks in Domain II draw upon the following knowledge areas:*

- Anatomy and Physiology: K01, K02, K03, K04, K05
- Etiology: K06, K07, K08, K09, K10, K11, K12, K13
- Examination: K21, K22, K23, K24
- Treatment: K27, K28, K29, K30, K31, K32, K33, K34, K35, K36, K37, K38, K39, K40, K41, K42, K43, K44, K45, K46
- Pathology: K47, K48, K49, K50, K51, K52, K53
- Peri- and Intra-Operative Management: K54, K55, K56, K57, K58, K59, K60, K61, K62, K63, K64

### III. MEDICAL JURISPRUDENCE AND ETHICS (5%; 13 items)

- A. Ensure to treat patient and not the condition
- B. Obtain informed consent
- C. Comply with HIPAA
- D. Comply with regulation regarding post-op narcotics
- E. Comply with Stark Law
- F. Report medical fraud
- G. Document patient counseling

H. Identify appropriate patient representatives when needed

*Tasks in Domain III draw upon the following knowledge areas:*

- Etiology: K15
- Treatment: K43, K44
- Peri- and Intra-Operative Management: K62, K63
- Medical Jurisprudence and Ethics: K65, K66, K67, K68, K69

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## KNOWLEDGE AREAS FOR FOOT AND ANKLE SURGERY

### **Anatomy and Physiology**

- K01. Vascular system
- K02. Nervous system
- K03. Integumentary system
- K04. Musculoskeletal system
- K05. Lymphatic system

### **Etiology**

- K06. Trauma
- K07. Infection
- K08. Metabolic
- K09. Vascular
- K10. Cancer
- K11. Aneoplastic
- K12. Neoplastic
- K13. Genetics
- K14. Other precipitating factors (medical)
- K15. Social habits and non-medical factors

### **Diagnostic Considerations**

- K16. Point to area of complaint
- K17. Quality of the discomfort
- K18. Radiation of symptoms
- K19. Sensation
- K20. Timing (when does it occur)

### **Examination**

- K21. Medical history
- K22. Surgical history
- K23. History or present complaint
- K24. Family and social history
- K25. System review
- K26. Physical examination

## **Treatment**

- K27. Management
- K28. Diagnostic ultrasound
- K29. Radiographic imaging
- K30. Factors affecting healing
- K31. Wound care and appropriate management
- K32. Pharmacology and medication
- K33. Topical therapy
- K34. Physical therapy
- K35. Nutrition
- K36. Surgery
- K37. Growth factors
- K38. Hyperbaric
- K39. Biomechanical
- K40. Ankle arthroscopy
- K41. Implants (including hemi- and total implants; ankle, metatarsal, toe joint; kwires)
- K42. Rehabilitation
- K43. Outcome evaluation
- K44. Patient advice and counseling
- K45. Other integrated medicine modalities
- K46. Referral to appropriate specialist

## **Pathology**

- K47. Vascular
- K48. Neurological
- K49. Musculoskeletal/Biomechanical
- K50. Dermatological
- K51. Laboratory
- K52. Imaging
- K53. Dermatoses

## **Peri- and Intra-Operative Management**

- K54. Anesthesia
- K55. Pharmacology
- K56. Complications
- K57. Diabetic patient
- K58. Dialysis patient
- K59. DVT prophylaxis
- K60. Procedures in a PVD patient
- K61. Previous history of anesthesia reaction
- K62. Prior and/or current drug use
- K63. Mental health
- K64. Emergency patient management (including CPR, ACLS, drugs)

## **Medical Jurisprudence and Ethics**

- K65. HIPAA
- 66. Stark Law

- K67. National anti-discrimination laws
- K68. Healthcare fraud, waste, and abuse
- K69. Physician substance abuse

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## SAMPLE EXAMINATION QUESTIONS FOR FOOT AND ANKLE SURGERY

1. If the last tetanus booster for a 32-year-old woman was eight years ago and she presents with a laceration to her right plantar heel caused by stepping on a tin can 1 hour ago, which of the following is most appropriate?
  1. No tetanus prophylaxis
  2. Tetanus toxoid 0.5 mL intramuscularly only
  3. Tetanus immune globulin 500 units intramuscularly only
  4. Tetanus toxoid 0.5 mL and tetanus immune globulin 500 units given at separate sites

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2. What is the normal hallux abductus angle?
  1. 0-5 degrees
  2. 10-20 degrees
  3. 25-30 degrees
  4. 35-45 degrees

---
3. The Kidner procedure removes the
  1. os trigonum.
  2. os vesalianum.
  3. tibial sesamoid.
  4. accessory navicular.

---
4. Which of the following is the most common cause of hematogenous osteomyelitis in a person with sickle cell anemia?
  1. *Salmonella*
  2. *Staphylococcus aureus*
  3. *Escherichia coli*
  4. *Bacteroides fragilis*

### **ANSWERS TO SAMPLE QUESTIONS:**

1.2, 2.2, 3.4, 4.1

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## REFERENCES FOR FOOT AND ANKLE SURGERY

The following references may be of some help in preparing for the examination. The list does not attempt to include all acceptable references, neither is it suggested that the Foot and Ankle Surgery Certification Examination is necessarily based on these references. These books may be purchased from the your local medical book store or at [www.amazon.com](http://www.amazon.com).

Mandracchia, VJ, et al. *Wound Healing, Clinics in Podiatric Medicine and Surgery*, Volume 18, Number 1, January 2001, pp 1-34.

Baravarian B, et al. Arthrodesis Techniques, Part I, *Clinics in Podiatric Medicine and Surgery*, January 2004, Volume 21, Number 1.

Baravarian B, et al. Arthrodesis Techniques, Part II. *Clinics in Podiatric Medicine and Surgery*, April 2004, Volume 21, Number 2.

Chaney DM, et al. Osteotomies of the Foot and Ankle, *Clinics in Podiatric Medicine and Surgery*, April 2005, Volume 22, Number 2.

Zbonis T, et al. Heel Pain, *Clinics in Podiatric Medicine and Surgery*, January 2005, Volume 22, Number 1.

Harris JH. Advances in the Treatment of Pediatric Flatfoot, *Clinics in Podiatric Medicine and Surgery*, July 2000, Volume 17, Number 3.

### ***Computer Software:***

IBM Compatible - Board Certification Simulation Software in the areas of surgery, orthopedics, and primary care. (May be purchased from: Foot and Ankle Research Consortium, Inc. [FARC], 5901 Wilbanks Dr., Norcross, GA 30092 (770) 448-0769 or [www.podiatryprep.com](http://www.podiatryprep.com)).

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## ONLINE PRACTICE TEST

Candidates can experience what the computerized test will be like by taking an online practice exam. This sixty (60) question practice test gives a glimpse into the Primary Care in Podiatric Medicine and/or the Foot and Ankle Surgery Examinations using actual questions which have been retired from the past forms of the examinations. Scores by content area are provided upon completion. This is an opportunity to experience taking the computerized examination, to review the content included in the examination and to learn more about the question format and style. Two (2) hours are allotted to complete the sixty (60) questions for a fee of \$75. The examinations can be found at the PTC website, [www.ptcny.com](http://www.ptcny.com).

Note: The online practice test is an optional tool candidates may use as they prepare for the certification examination. While the practice test may help candidates identify areas of strengths and weakness, it should not be used as the only means to determine candidate preparedness or readiness to test. Since the practice test is NOT intended to be a study guide nor the sole source of preparation for the actual certification examination, candidates are NOT provided with the answer key, rationales for each question, nor notification of which specific items were answered correctly or incorrectly.

Though the specific questions that are on the practice test will not appear on the actual certification examination, it allows candidates to become familiar with the style of questions that may be asked. The instant score report received after practice test submission shows overall test performance as well as performance in each of the content areas. Candidates may find this information useful in determining future study needs. Once the practice test is scored, candidates cannot return to the test to review the questions. Performance on the practice test does not guarantee similar performance on the actual certification examination.

The PTC Online Testing System does not demonstrate the testing software used during the certification examinations. Those who purchase the online practice test should be aware that they will use a different testing platform when they take certification examinations at designated proctored testing centers.

The practice test is not a requirement for certification eligibility nor does it contribute in any way to success on the certification examination. There are many ways candidates should prepare for the certification examination. Candidates should use a variety of resources and consider their own education and experiences. Review the content outline and reference materials listed in the handbook for additional exam-related information.

PTC22057  
Updated 7/2022



**AMERICAN BOARD OF MULTIPLE SPECIALTIES IN PODIATRY**

**CONSENT FORM**

I, \_\_\_\_\_, certify that all information contained in my application for certification in [Primary Care in Podiatric Medicine / Foot and Ankle Surgery / Prevention and Treatment of Diabetic Foot Wounds and Diabetic Footwear] is true and accurate to the best of my knowledge. I certify that I have read and understand the requirements for certification as set forth in the Certification Examination in [Primary Care in Podiatric Medicine / Foot and Ankle Surgery / Prevention and Treatment of Diabetic Foot Wounds and Diabetic Footwear] Handbook for Candidates. In addition, I hereby authorize the American Board of Multiple Specialties in Podiatry (the Board) and its officers, directors, committee members, employees, and agents (“the above designated parties”) to review my application to take the certification examination in [Primary Care in Podiatric Medicine / Foot and Ankle Surgery / Prevention and Treatment of Diabetic Foot Wounds and Diabetic Footwear]. I authorize the Board to determine my eligibility for certification in [Primary Care in Podiatric Medicine / Foot and Ankle Surgery / Prevention and Treatment of Diabetic Foot Wounds and Diabetic Footwear]. I agree to revocation or other limitation of my certification if any statement made on my application or hereafter supplied to the Board is false or inaccurate or if I violate any of the rules or regulations of the Board.

I understand and agree that if I am granted certification in [Primary Care in Podiatric Medicine / Foot and Ankle Surgery / Prevention and Treatment of Diabetic Foot Wounds and Diabetic Footwear], it will be my responsibility to remain in compliance with all certification standards. I understand it is my responsibility to maintain valid certification status by complying with all recertification requirements and timely submitting such proof of compliance as is required by the Board.

I agree to cooperate promptly and fully in any review of my certification by the Board, including submitting such documents and information deemed necessary to confirm the information in my application. I authorize the above designated parties to communicate any and all information relating to any application, certification status, and review thereof, including, but not limited to, pending or outcome of disciplinary proceedings to state and federal authorities, employers, and others.

I understand that the Board reserves the right to refuse my admission to any examination if I do not have an Admission Notice and proper photo identification, or if administration of the examination has begun. If I am refused admission for any of these reasons or fail to appear at the test site, I will not receive a refund of the application or examination fees and there will be no credit for future examinations. I authorize the proctors at my assigned test site to maintain a secure and proper test administration at their discretion. I acknowledge that in this capacity, the proctors may relocate me before or during the examination. I will not communicate with other examinees in any way.

I understand that I may only seek admission to take the examination in [Primary Care in Podiatric Medicine / Foot and Ankle Surgery / Prevention and Treatment of Diabetic Foot

Wounds and Diabetic Footwear] for the purpose of seeking certification in [Primary Care in Podiatric Medicine / Foot and Ankle Surgery / Prevention and Treatment of Diabetic Foot Wounds and Diabetic Footwear], and for no other purpose. Because of the confidential nature of the examination, I will not take any examination materials from the test site, reproduce the examination materials, or transmit the examination questions or answers in any form to any other person.

I understand that review of the adequacy of examination materials will be limited to computing any scoring correction. If I do anything which is not authorized or which is prohibited by the Board in connection with any examination, I understand that my examination performance may be voided, and such activity may be the subject of legal action. In a case where my examination performance is voided, I will not receive a refund of the application or examination fees, and there will be no credit for any future examination.

I waive all further claims of examination review and agree to indemnify and hold harmless the above designated parties for any action taken pursuant to the rules and standards of the Board with regard to my application, the examination(s) and/or my certification except claims based on gross negligence or lack of good faith.

I agree that if I pass the examination, the Board may release my name and the fact that I have been granted certification in [Primary Care in Podiatric Medicine / Foot and Ankle Surgery / Prevention and Treatment of Diabetic Foot Wounds and Diabetic Footwear] to newspapers and other publications. I agree that the Board may release my name and address in a listing of certified podiatrists to individuals and/or organizations interested in podiatry as directed by the board of directors.

I agree that, if I become certified, I will notify the ABMSP within 60 days of any changes which become known to me about my professional status (e.g. disciplinary action undertaken or resolved) and licensure (e.g. suspension or revocation).

By signing, I acknowledge that I have read and understand this information, and agree to abide by these terms.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name-please print



**Application for American Board of Multiple Specialties in Podiatry Certification in  
Primary Care in Podiatric Medicine and  
Foot and Ankle Surgery**

Please read the directions in the Handbook for Candidates carefully before completing this application. Page 1

MARKING INSTRUCTIONS: This form will be scanned by computer, so please make your marks heavy and dark, filling the circles completely. Please print uppercase letters and avoid contact with the edge of the box. See example provided. →

A	B	C	D	E	F	1	2	3	4	5	6
---	---	---	---	---	---	---	---	---	---	---	---

**Candidate Information**

Please enter your Name exactly as it appears on a Government Issued Photo I.D.

Mr. First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_  
 Mrs. \_\_\_\_\_  
 Ms. \_\_\_\_\_  
 Dr. \_\_\_\_\_

Last Name \_\_\_\_\_ Suffix (Jr., Sr., etc.) \_\_\_\_\_

Home Address - Number and Street \_\_\_\_\_ Apartment Number \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_ Zip/Postal Code \_\_\_\_\_

Email Address (Please enter only ONE email address. Use two lines if your email address does not fit in one line.)  
 \_\_\_\_\_  
 \_\_\_\_\_

Daytime Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Fax: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Date of Birth (REQUIRED)  
 \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 Month Day Year

**Testing Period:**  Spring  Fall

**Eligibility and Background Information**

Darken only one choice for each question unless otherwise directed.

- A. FOR WHICH EXAMINATION ARE YOU REGISTERING?  
 Primary Care in Podiatric Medicine only  
 Foot and Ankle Surgery only  
 Both Primary Care and Foot and Ankle Surgery
- B. HAVE YOU TAKEN THE PRIMARY CARE IN PODIATRIC MEDICINE CERTIFICATION EXAMINATION BEFORE?  
 No  Yes If yes, when (month/year): \_\_\_\_/\_\_\_\_
- C. HAVE YOU TAKEN THE FOOT AND ANKLE SURGERY CERTIFICATION EXAMINATION BEFORE?  
 No  Yes If yes, when (month/year): \_\_\_\_/\_\_\_\_
- D. NUMBER OF YEARS OF CLINICAL EXPERIENCE:  
 Three  Five  Eight to ten  
 Four  Six to seven  Eleven or more
- E. PRIMARY PLACE OF EMPLOYMENT: (Darken only one response.)  
 Private Practice  University/Academic  
 Group Practice  Government  
 Clinic  Other (please specify below)  
 Hospital \_\_\_\_\_
- F. CURRENTLY CERTIFIED BY OTHER PODIATRIC BOARD?  
 No  Yes
- G. IF CERTIFIED BY OTHER PODIATRIC BOARD, PLEASE INDICATE: (Darken all that apply.)  
 ABPS  ABPO  Other (please specify below)  
 ABPOPPM  ACFS \_\_\_\_\_
- H. IF YOU ARE A VETERAN, ARE YOU BEING REIMBURSED FOR THE EXAMINATION FEE?  
 No  Yes
- I. YEARS OF RESIDENCY: (ENTER WHOLE NUMBER) \_\_\_\_\_
- J. HOW DID YOU HEAR ABOUT US?  
 Magazine Article  Trade Show  
 Website  Colleague  
 Other (please specify) \_\_\_\_\_

K. HOSPITAL AFFILIATION:  
 Hospital Name \_\_\_\_\_  
 \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_

Complete Page 2

48810





Application for American Board of Multiple Specialties in Podiatry Certification in  
**Primary Care in Podiatric Medicine and  
 Foot and Ankle Surgery**

**Optional Information**

Note: Information related to race, age, and gender is optional and is requested only to assist in complying with general guidelines pertaining to equal opportunity. Such data will be used only in statistical summaries and in no way will affect your test results.

Race:  African American  Hispanic  White  Asian  Native American  No Response

Age Range:  Under 25  25 to 29  30 to 39  40 to 49  50 to 59  60+

Gender:  Male  Female

**Educational and Background Information**

PODIATRIC EDUCATION HISTORY:

Podiatry School Name : \_\_\_\_\_ Dates Attended: From \_\_\_\_/\_\_\_\_/\_\_\_\_ To \_\_\_\_/\_\_\_\_/\_\_\_\_

Complete Address : \_\_\_\_\_  
 Street  
 \_\_\_\_\_  
 City State Zip

PROFESSIONAL WORK EXPERIENCE:

Employer : \_\_\_\_\_ Title : \_\_\_\_\_  
 Dates of Employment: From \_\_\_\_/\_\_\_\_/\_\_\_\_ To \_\_\_\_/\_\_\_\_/\_\_\_\_ Duties : \_\_\_\_\_

Employer : \_\_\_\_\_ Title : \_\_\_\_\_  
 Dates of Employment: From \_\_\_\_/\_\_\_\_/\_\_\_\_ To \_\_\_\_/\_\_\_\_/\_\_\_\_ Duties : \_\_\_\_\_

**Candidate Signature**

I have read the Handbook for Candidates and understand that I am responsible for knowing its contents. I certify that the information given in this application is in accordance with Handbook instructions and is accurate, correct, and complete. I also understand that I may apply for special accommodations under the Americans With Disabilities Act, if needed.

I certify that all information contained in my application for Board certification is true and accurate to the best of my knowledge. In addition, I hereby authorize the American Board of Multiple Specialties in Podiatry (the Board), and its officers, directors, committee members, employees, and agents (the above designated parties) to review my application and to determine whether I have met the Board's standards for certification. I agree to revocation or other limitation of my certification if any statement made on this application or hereafter supplied to the Board is false or inaccurate or if I violate any of the rules or regulations of the Board. I understand that if I am granted certification, it will be my responsibility to remain in compliance with all Board standards for certification, including the Code of Professional Practice, to keep my certification current and to submit a valid application for recertification and fee within sixty (60) days of my certification expiration date. I agree to cooperate promptly and fully in any review of my certification by the Board, including submitting such documents and information deemed necessary to confirm the information in this application. I authorize the above-designated parties to communicate any and all information relating to any Board application and review thereof to state and federal authorities, and others. I agree to indemnify and hold harmless the above-designated parties for any action taken pursuant to the rules and standards of the American Board of Multiple Specialties in Podiatry with regard to this application and/or my certification, except claims based on gross negligence or lack of good faith.

I agree that, if I become certified, I will notify the ABMSP within 60 days of any changes which become known to me about my professional status (e.g., disciplinary action undertaken or resolved) and licensure (e.g., suspension or revocation).

By signing, I acknowledge that I have read and understand this information, and agree to abide by these terms.

CANDIDATE SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

CREDIT CARD PAYMENT If you want to charge your application fee on your credit card provide all of the following information.

Name (as it appears on your card): \_\_\_\_\_

Address (as it appears on your statement): \_\_\_\_\_  
 \_\_\_\_\_

Charge my credit card for the total fee of: \$ \_\_\_\_\_

Expiration date (month/year): \_\_\_\_/\_\_\_\_

Card type:  Visa  MasterCard  American Express

Card Number: \_\_\_\_\_

Signature: \_\_\_\_\_

FOR OFFICE USE ONLY

Date  0220  
 0230

Fee:  \_\_\_\_\_

CC  Check

\_\_\_\_\_

