

Fall 2020 Newsletter



PRESIDENT'S LETTER

The ABMSP Board of Directors is seeking a volunteer to serve on its Board of Directors. The appointment will start with a term beginning in January 2021.

A Board member is expected to participate in at least one monthly conference call (by way of Zoom and occurring at 8:00 pm Eastern Time on the third Wednesday of every month). Should the pandemic subside, we will also hold twice annual in-person meetings (typically in March/April and September/October) at a location within the US which is mutually decided upon by the Board members. The meetings require arrival on a Friday, meeting on Saturday, and departure on Sunday. All expenses for the Board member will be reimbursed for these meetings.

Board members may also be asked from time to time to serve on committees (which meet by way of conference call), to write articles, or to work on various projects undertaken by the organization.

Board members must be certified by ABMSP in at least one of its specialties and remain a diplomate in good standing throughout their term on the Board.

If you are interested in serving as a member of the ABMSP Board of Directors, please email me - michael.salter@abmsp.org - a letter of intent (including why you wish to serve) and a copy of your resume. The ABMSP Nominating Committee will review the submissions and conduct interviews before making a recommendation to the Board of Directors for a vote on appointment.

I have served on the ABMSP Board of Directors for many years and consider it one of the highlights of my career as a podiatrist. I know you would too.

Michael Salter, DPM
President, ABMSP



FROM THE EDITOR

This is the fall newsletter to inform and update you on news and events happening with ABMSP. This can be a stressful time for us now but also a time to change and grow. As we see the leaves change color and fall, we also are changing the way we practice on a daily basis. The new normal is not the normal we are used to or have come to know, but we must adapt and move forward.

Since our last communications, we have been engaging in exciting opportunities for our diplomates. We have formed the ABMSP House of Delegates. We have co-sponsored the Podiatric Sports Medicine Webinar at the Virtual Western Foot and Ankle Conference. We have also awarded Dr. Neil Vichinsky, the Podiatrist of the

Year by ABMSP for his unending support and work in podiatry and MIS.

If there are any podiatrists who are practicing telemedicine during these times and would like to share their experiences with us, please contact abmsp@abmsp.org. We are here to support and encourage each other and we continue our goal of excellence through certification. As newsletter editor, I welcome your comments and questions. Please stay safe and healthy.

Very best regards,
Caroline Tiglio, DPM
Editor

Podiatrist of the Year

It is with honor that I have the privilege to write about Dr. Neil Vichinsky who was voted Podiatrist of the Year by American Board of Multiple Specialties in Podiatry (ABMSP). The first thought that comes to mind is "Dedicated." His commitment to furthering Podiatry and MIS was resolute.



Dr. Vichinsky had a busy and very successful podiatric practice in Brooklyn, New York specializing in minimal invasive foot & ankle surgery for over 40 years. He was a pioneer in the evolution and development of minimal invasive foot and ankle surgery. I still recall his stories of practicing on chicken bones with the old Dremel instruments. Dr. Vichinsky joined the Academy of Minimally Invasive Foot & Ankle Surgery in the organization's early years and has been active and principle member of the organization since. He quickly became a Fellow of The Academy and eventually a Faculty Member and Cadaver Lab Instructor. As a Cadaver Lab Instructor for The Academy of Minimally Invasive Foot & Ankle Surgery, he participated in over 50 cadaver labs at LSU Medical Center in New Orleans, and Dr. Vichinsky was instrumental in bringing minimal invasive foot and ankle surgery to the forefront both nationally and internationally. Dr. Vichinsky served as Treasurer of the Academy of Minimally Invasive Foot & Ankle Surgery for 20 years, was a Board member for over 25 years, chaired the Membership Committee and served a Site Coordinator for The Academy seminars.

After retiring from private practice Dr. Vichinsky felt a void in his life and eventually turned his attention to developing a board certification in minimally invasive foot and ankle surgery. He began working with the late Dr. Earl Horowitz (we miss you) and Dr. Beth Pearce with the American Board of Multiple Specialties in Podiatry and established board certification in minimally invasive foot and ankle surgery and is currently one of the board reviewer of case presentation.

Some of Dr. Vichinsky's many other honorable mentions include presently serving on the Board of Directors of the Queens County Farm Museum whose history dates back to 1697 and occupies New York City's largest remaining tract of undisturbed farmland and it's 47-acre parcel is one of the longest continuously farmed sites in New York State. Dr. Vichinsky is also a Board Member of Drug Addition Prevention Society and has given over 30 years to working with youths in The Boy Scouts of America.

I have known Dr. Vichinsky since the mid-nineties and the most cherished observation I have witness is his dedication and love to his family. He is married to Louise, who was a nutritional consultant at his Brooklyn office, and they have two lovely children and four grandchildren.

Submitted by Borys Markewych DPM

ABMSP House of Delegates

We are pleased to announce the formation of the ABMSP House of Delegates (the House). This body serves as senior advisor to the ABMSP Board of Directors. The House is composed of eleven designated geographic regions. Ten of these regions correspond to the ten Regional Offices of the Centers for Medicare and Medicaid Services and therefore represent all fifty states and the territories of the United States. ABMSP House of Delegates Region 11 provides representation for our international diplomates.

ABMSP Diplomates are nominated to our House of Delegates by members of our Board of Directors who serve as Board Liaisons to each of the 11 House regions. As medical professionals with acute awareness of issues facing the practice of podiatry, Board Liaisons team with House Delegates to inform the Board of emerging issues. Areas of import include actions taken by state and local governments, state health care providers and beneficiaries, public and private payers, and local professional medical societies.

ABMSP Board Liaisons include: Dr. Victor Quijano, Regional Liaison for Regions 1 and 10; Dr. Caroline Tiglio, Regional Liaison for Region 2 and 3; Dr. Michael Salter Regional Liaison for Region 5; Dr. Theodore Varoz Regional Liaison for Region 6; Dr. Mark Spal Regional Director for Regions 4, 7 and 8; Dr. Kenneth Rehm Regional Liaison for Region 9 and Dr. Stephen Permison who is the Regional Liaison for region 11.

Region 1 includes Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont. Region 2 includes New Jersey, New York, Puerto Rico, and the Virgin Islands. Region 3 includes Delaware, District of Columbia, Maryland, Pennsylvania, Virginia, and West Virginia. Region 4 includes Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, and Tennessee. Region 5 includes Illinois, Indiana, Michigan, Minnesota, Ohio, and Wisconsin. Region 6 includes Arkansas, Louisiana, New Mexico, Oklahoma, and Texas. Region 7 includes Iowa, Kansas, Missouri, and Nebraska. Region 8 includes Colorado, Montana, North Dakota, South Dakota, Utah, and Wyoming. Region 9 includes Arizona, California, Hawaii, Nevada, and the Pacific Territories. Region 10 includes Alaska, Idaho, Oregon, and Washington. Dr. Stephen Permison chairs the ABMSP Communications and Marketing Committee that oversees the House of Delegates and is the Regional Liaison for Region 11 which includes all countries in which the ABMSP has International Diplomates.

This is a team of medical professionals helping medical professionals. If you are an ABMSP diplomate in good standing with our board, you are invited to apply to become a delegate and represent your region in the ABMSP House of Delegates. To learn more about the House and connect with the House Liaison for your region, please email Dr. Stephen Permison: stephen.permison@abmsp.org

American Board of Multiple Specialties in Podiatry Co-Sponsors World-Class Webinar in Podiatric Sports Medicine

Dr. Tim Dutra Assistant Professor of Applied Biomechanics with California School of Podiatric Medicine at Samuel Merritt University and Podiatric Consultant for Intercollegiate Athletics, University of California, Berkeley, Dr. Kenneth Rehm, Clinical Assistant Professor at the California School of Podiatric Medicine and Vice President of the American Board of Multiple Specialties in Podiatry (ABMSP) and Dr. Howard Liebeskind, all board-certified in Podiatric Sports Medicine by ABMSP, are proud to have facilitated the Podiatric Sports Medicine Webinar at the Virtual Western Foot & Ankle Conference, this past summer. Hats off to Dr. Liebeskind and Dr. Dutra who were the moderators and organizers of this event, sponsored in part, by the American Board of Multiple Specialties in Podiatry.

The world-class speakers they arranged provided brilliant insights into the role that the podiatric sports medicine physician plays in professional, collegiate, and school sports programs. This webinar provided a pivotal opportunity for those interested in or board-certified in podiatric sports medicine to acquire knowledge in how to assert their specialized expertise. Professional certification in podiatric sports medicine is now

available to all medical practitioners of lower extremity medicine by the American Board of Multiple Specialties in Podiatry. This is an experienced-based, portfolio certification that requires no exam.

If you reference this article, ABMSP will waive our normal application fee of \$75, and the cost for the certification is \$125. Recertification is required every 8 years. You may find more information about or apply for certification in sports medicine at <http://www.abmsp.org> or you may contact Dr. Kenneth Rehm at ken.rehm@abmsp.org.

ABMSP Standards Development Organization

2020 was an exciting and productive year for the ABMSP Standards Development Organization (SDO). Our SDO made history by completing and publishing the first American National Standard for Diabetic Footwear. The standard is recognized and accredited by the American National Standards Institute (ANSI). It was published in "Standards Action" a national registry for American National Standards and recognized in two journal articles published in "Podiatry Management."

Congratulations for this accomplishment are due to ABMSP who sponsored the SDO and conceived and steered the standards development. Its successful publication was enabled by more than 40 voting members from industry, research labs and universities and individual medical professionals who staffed the SDO's National Standards Board, Workgroup and Technical Committee. This public consortia together drafted, redrafted and ultimately are responsible for the standards' publication and accreditation.

Medical professionals prescribing shoes manufactured according to the new standards requirements are assured of more predictable outcomes for their patients. To learn more about the ABMSP SDO or volunteer to participate in SDO national and international activities please go to www.abmsp-sdo.com and complete a request to participate or email its Director Dr. Stephen Permison: sbp@standardsbasedprograms.com.

Consider In Office MIS Surgery

Minimal incision in office surgery in podiatry is well established and has been drastically refined over the past 40+ years to be very effective for treating many foot and digital deformities. Many podiatrists however are not familiar with or trained in the appropriate indications, protocols, techniques, and advantages thereof.

Utilization of intra operative fluoroscopy and specific portals of entry along with specialized instrumentation allow maximal correction and outcomes very beneficial to our patients. There are additionally many advantages achieved by performing MIS surgical procedures. For example, in office scheduling allows better and more efficient use of time for both the staff and doctor while providing the patient a surgical experience within the familiarity of an established relationship with your practice. Office based surgery is also extremely cost effective when compared to outpatient/hospital surgical centers by reducing the waste of unnecessary costs via controlling testing, ancillary monitoring and supplies. It remains the responsibility of the podiatrist and staff to be prepared for the care and safety of the patient at all times. Most in office procedures are performed with local anesthesia, without internal hardware, and the creation of less soft tissue trauma which generally allows for more rapid return to normal activities, and better cosmetic outcomes without large incision scars.

Please note that that the ability to properly perform MIS procedures is not easy and involves a complex learning curve that must be mastered in order to achieve optimal results. It is recommended that podiatrists interested seek those comprehensive and continuous courses that are accompanied by multiple cadaver labs to refine ones' skills. Once mastered MIS procedures are extremely rewarding to not only the patient but the podiatrist as well.

Lawrence Kales DPM

Become an ABMSP Distinguished Author

The American Board of Multiple Specialties in Podiatry (ABMSP) originated its

Distinguished Authors program several years ago. Articles are submitted and published from podiatrists and other medical professionals. Subjects vary from interesting case discussions and treatment protocols to new medical modalities and standards. These articles reach an extensive medical audience through exchange links that we are establishing with universities, professional organizations and commercial training programs such as webinars and seminars.

ABMSP requests your participation in our *Distinguished Author Series* as a guest contributor. Your article will be posted on our website, referenced in our newsletter, eBlasts and social media accounts. These publications are actively accessed by a broad spectrum of the U.S. healthcare community treating patients with lower extremity disease.

Distinguished Authors are asked to provide:

1. A 500 - 1,200 word article reflecting a professional expertise in lower extremity disease, together with
2. An abbreviated bio, and a
3. Digital, high resolution color digital photo to accompany your bio.

After review and approval by our Editorial staff, your work will be featured in our *Distinguished Author Series* together with your bio and photo(s). By featuring recognized leaders within the podiatric community we hope to provide relevant and useful information to our readership and increase the value and impact of our publications. Please see the link of our past Distinguished

Authors: https://www.abmsp.org/news_info_archive.php#authors

